English Skills 99

Student's name…………………………………..

Measuring health and happiness

The small country of Bhutan in the Himalayan mountains is over one thousand years old. In the past it was a poor country and not many people visited it. But nowadays, it is becoming more and more popular with tourists. Medicine and health is improving and its economy is growing. King Jigme Singye Wangchuck, the king of Bhutan until 2006, talked about his country’s ‘Gross National Happiness’. In other words, he thought happiness is the way to measure the country’s development.

But how do you measure happiness? Perhaps health is the best way because a famous doctor once said, ‘Happy people generally don’t get sick.’ It’s also easy to measure how many people feel ill or unhealthy in a country. For example, one survey says Iceland is the ‘healthiest country in the world’ because men and women live a long time there, the air is very clean and there are more doctors available per person than anywhere else in the world.

However, there was another survey of the happiest countries in the world and Iceland was not near the top. The questions on this survey included: How much do you earn? How healthy are you? How safe do you feel? After visiting 155 different countries, the researchers decided that Denmark feels happier than other countries.

1. **Describe the country of Bhutan in the past?**

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1. **How did the King Jigme measure happiness?**

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1. **Iceland is the healthiest country in the world according to a survey because………………………**
2. They are lucky and happy people.
3. Of living long time, having pure air and many doctors are there.
4. They earn a lot of money and they are safe.
5. **Find a word which means ''sick''……………………………..**
6. **What does the underlined pronoun refer to''. In other words, he thought happiness is the way to measure the country’s development. ……………………………………**
7. **Write down the questions included in the survey which considers Denmark as the happiest country in the world.**

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